

Strike Force - Student Enrolment

North Dublin Wildcats Cheerleading Squad

The Strike Force Cheer & Dance Program offers competitive All Star tuition to young people aged 12-17 years old.

In the Strike Force there are 3 teams.

- Cheer – Students have to show great strength, good tumbling and/or stunting skills.
- Freestyle Pom – Versatile dancers who can split/high kick/leap/pirouette and dance well
- Hip Hop – Dancers with great control of all body movements when it comes to being sharp and isolated.

We do offer younger teams under the program name of the North Dublin Wildcats.

Cheerleading is a unique sport which combines dance, gymnastics and acrobatics. It is a fun way to keep fit, work in a team and make new friends. Cheerleaders are role models, friends and athletes, who work hard to achieve their potential. With hard work and dedication, they promote team spirit throughout the community. Cheerleading encourages positive attitudes, healthy lifestyles and discipline. It is hoped that through this, cheerleaders will not only be successful in cheerleading, but also in life.

Please keep in mind that competitive cheerleading is a year round sport. This sport requires a heavy commitment from the parent as well as the students.

TRYOUTS: Strike Force Squads will occasionally have tryouts to gain places on certain teams (Hip Hop/Pom) especially when it comes to specialist divisions. Unfortunately we cannot choose every student for every routine, but this is not personal. We base our judgements wholly on ability, commitment and how we feel the student will cope with the added pressure.

Costs: In order to be at the top of our competitive game, we have to be presented in the best way possible. This means we try and train more hours than any other cheerleading team in Ireland and that we have the most up to date uniforms and various costumes for our divisions.

Annual Membership	Recreational	Competitive
€35 Training Kit/Insurance	€25 every 4 weeks	€60 every 4 weeks

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Annual Membership €35 per student

Due November Each Year

Clarification: If you join half way through the year, you will still have to pay for that season as well as the new season in 6 months time.

Includes insurance to run the club and severe accident cover*. Also training t-shirt and shorts.

***Cheerleading has an element of dangerous skill involved. Accidents can happen within the club and have happened in the past. Our insurance does not cover cost of medical expenses, hospital visits and after care services. The severe accident cover can only be used in serious events such as life threatening cases.**

In order to eliminate danger, we ensure our coaches are trained and experience to the highest standard. We train on the correct flooring. We follow IASF Rules Guidelines which helps us keep our sessions within the students' levels and abilities.

Other compulsory items that must be purchased throughout the year include:

- **Team Uniform (Uniforms change every 18 months)**
- **Cheer Shoes**
- **Cheer Bow**
- **Team Tracksuit**
- **Specialist Division Costume**
- **Competition Entry Fees**
- **Competition Travel/Accommodation (We try and compete 3 times a year, 2 in Ireland and 1 in Europe)**

We do try and give you as much notice as possible when purchasing needs to happen.

Training Fees are due every 4 weeks. Failure to present them on the set date will incur an immediate €10 late charge. If the fees are still not paid 7 days after the set date, then the student will not be permitted to participate in the sessions until the balance is settled.

Flexibility: We can be flexible to people's personal situations, but this needs to be brought to our attention before the payment date.

Commitment: Before you enrol your child in the program please ensure you and your child can commit to the team and the training schedule. Extra sessions will be scheduled closer to competitions. There is nothing more frustrating to other students and coaches than when people are missing, as choreography can never be completed. Students who miss sessions frequently will have their position in the team terminated.

We would like to encourage parents to get involved when and where possible, especially assistance is needed chaperoning students at events and also during fundraising events.